

Confidential, impartial, non-judgemental community mediation to help you resolve neighbourhood issues, often around noise, shared space, gardens, animals, parking and lifestyle differences.

► **What is Neighbourhood Mediation?**

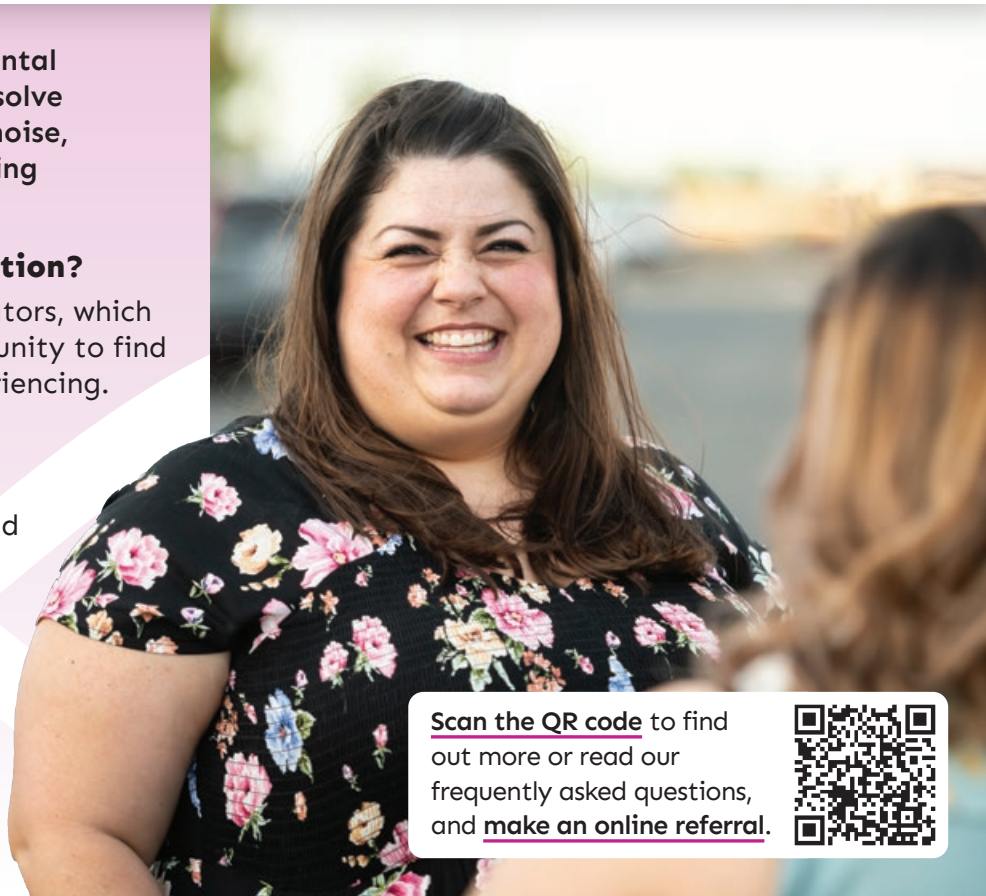
A process supported by trained mediators, which helps people living in the same community to find a solution to the issues they are experiencing.

► **What is Conflict Coaching?**

One to one support, over the course of up to three sessions, to help you find a way forward, if mediation with your neighbour is not possible.

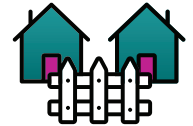
► **Who can use our service?**

Adults living in East or West Sussex (excluding Brighton, Hove and Lewes) who are impacted by neighbourhood conflict. In many cases, this is fully-funded, and free to residents.



Scan the QR code to find out more or read our frequently asked questions, and **make an online referral**.





Mediation Plus is a charity providing conflict resolution services to people living and working in and around East and West Sussex.

Our aim is to reduce the impact conflict has on people's lives.

Getting in touch

 01424 446808

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 www.mediation-plus.org.uk

Registered charity number 1202295

Other services we offer



Family
mediation



Time2Talk
mediation



One-to-one
Support



Workplace
mediation



Bespoke
mediation



Mediation
training